



Ready-Set-Grow

Preschool & Childcare

How to Prepare a Child for Preschool in Bountiful

It is a major milestone with conflicting emotions for children starting preschool this fall in Bountiful. Parents look forward to their children having all sorts of fun and making new friends. At the same time, it can be emotional for parents as well to see their children venturing out into the world without them. All the emotions parents feel is completely normal, and children are bound to have their own set of emotions around the transition. As they probably are proud to take the next steps of becoming a big kid, they know that comes with being separated from their parents which is unfamiliar to them.

Parents can take steps to prepare their child weeks before they start attending preschool. It is best to keep efforts minimal because if they seem like a big deal, the child could end up more worried than excited. This article will discuss some ideas for parents wanting to prepare their child to start preschool in Bountiful.

A good way to spark the interest of preschool is to use play pretend. Parents can take turns playing the teacher and child. During the play pretend, it is best to act out common daily routines, such as saying goodbye to their parents, sitting in circle time, singing songs, reading stories, lunchtime and playing outside. While playing preschool, parents should keep mentioning that it is a good place where she or he will have fun while learning new things.

Next, parents should read books about preschool to further explore the idea. Parents can find books about preschool in local libraries. They should choose several books to read to their child over the summer before school starts. Afterwards, they should discuss the story and how the characters are feeling.

Another great tactic to prepare a child to start preschool is to practice self-help skills. This will be beneficial because it is the first time a child will be away from their parents who they were dependent on up to this point. These self-help skills include unzipping their coat, putting on their backpack and tying their shoes. Parents can make this a fun game by racing to see who can do these tasks the fastest.

Call [Ready Set Grow in Bountiful](#) to schedule a tour of the center today at (801)294-0602.